



EUROLAB

**Certificate Programs
in Laban/Bartenieff
Movement Studies**

**Zertifikatsprogramme
in Laban/Bartenieff
Bewegungsstudien**

English 

 German

Director/Leitung: **Antja Kennedy**

Phone/Telefon: **+49 (0)30 52282446**

E-Mail: **info@laban-bartenieff-berlin.de**

> www.laban-bartenieff-berlin.de



EUROLAB Certificate Programs Laban/ Bartenieff Movement Studies

The Laban/Bartenieff Movement Studies (LBMS) forms a sound base for experiencing movement, observing precisely, describing and documenting non-verbal behavior. Through an understanding of the entire range of possibilities of movement, the Movement Studies can be used for any form of work with movement and dance in the pedagogic, therapeutic, scientific or creative fields.

For **dance teachers** LBMS is useful for establishing good pedagogical lesson structures, for improving verbal guidance skills while teaching movement, and for refining the observation and correction of problems. Laban deliberately did not develop a dance technique because he wanted to promote the dancers individual path.

Dance and theater students who work with LBMS expand their creative abilities and discover new growth opportunities by recognizing movement patterns and personal preferences, as well as expanding them through LBMS. Thanks to the improved movement observation, complex dance sequences can be perceived faster and with more precision.



For **choreographers / performing artists** the LBMS can be a source of inspiration as it can open up an almost inexhaustible range of variations through experimenting with an existing vocabulary. In addition, they can also be used as a tool by which one can consciously develop a personal style through the synthesis of the various elements. Furthermore, they will facilitate communication with the dancers through a common terminology.

For the **dance therapists / somatic movement practitioners** the LBMS is a reliable structure to grasp the movement repertoire of clients, make a precise diagnosis and to create an adequate intervention. A client's movement can be described with the parameters of LBMS in an objective way and thus promotes verbal reflection for conscious integration of the experience.

Dance and movement scholars can use LBMS for precise analysis in relation to their hypotheses. The LBMS terms and the corresponding systematization support the study of movement. One can choose different methods for qualitative and quantitative research and analysis on the macro as well as the micro level. The observation process can then be documented in the different notation options to then be reproduced by other dance scientists.



General information

The goal is to gain a comprehensive understanding of movement, as well as to link the inner and outer experience of movement. The movement studies are always put into a theoretical context, which can only be understood through your own movement experience. This approach produces new connections and a new kind of holistic understanding: “moving knowledge“. In other words: you will be improving your work with movement because of an in-depth knowledge of how you and others move.

The training in Laban/Bartenieff Movement Studies is a further education program and is an additional qualification to an already existing Bachelor Degree or vocational training applicants should possess. It is done in two steps, first **Basic** then **Advanced**, and finishes at each level with a certificate.

Format

EUROLAB Certificate Program is based in Berlin and directed by Antja Kennedy. The Certificate Program **Basic** is offered in English in an intensive format: 4 weeks of classes for 2 summers. To receive the Certificate, additional assignments are done at home throughout the year and reviewed via internet.



Content & Structure

The **Basic Level** Program includes approx. 270 hours of classes and 2 individual advising sessions over the course of two years.

In the first year, the focus is on the practical and theoretical study of the

- **Bartenieff Fundamentals bodywork** (basic six sequences, body connectivity, and whole-body organizational patterns)

In the second year, the emphasis is on the practical and theoretical study of

- **Laban Movement Studies** (Space Harmony, Effort & Shape theory, and Body Actions)

During the two years, this will be accompanied by:

- **Movement observation and notation** (including methods of observation, observation exercises, and motif writing)
- **Seminars** on the history and application of Laban/Bartenieff Movement Studies

The **Advanced Level** Program includes approx. 290 hours of classes and 4 individual advising sessions over the course of two years. During this time you will deepen, refine, and expand your knowledge of Laban/Bartenieff Movement Studies and improve your ability to analyze and document movement.



Prerequisites

1. A completed Bachelor Degree, vocational training or a similar qualification.
2. Proof of participation in the following courses:
 - Introductory course in **Laban Movement Studies** – 20 hours
 - Introductory course in **Bartenieff Fundamentals** – 20 hours
 - **Anatomy** and/or **Physiology** – min. 15 hours
3. A wide experience in various movement types, dance styles, or sports is an advantage. Professional dance training is not a prerequisite for application.
4. In the **English-speaking intensive program**: English proficiency is required to understand the course work and read the literature. You may submit your written assignments in German or English.

A detailed application has to be submitted three months before the start of the program.



Certificates

The programs **Basic** and **Advanced Level** each conclude with a certificate, which is awarded by EURO-LAB (European Association for Laban/Bartenieff Movement Studies). The EUROLAB certificate programs are recognized by the International Somatic Movement Educators and Therapists Association (ISMETA).

Further information

Please contact us for information about

- **dates**
- **teachers**
- **costs**
- **application procedure.**



www.laban-bartenieff-berlin.de

info@laban-bartenieff-berlin.de

Phone: **0049 (0) 30 5228 2446**

